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Wine Pairings	Sauvignon Blanc	Chardonnay	Riesling	Pinot Noir	Syrah	Merlot	Cabernet Sauvignon	Zinfandel
Cheese/Nuts	Feta Chevre Pine Nuts	Asiago Havarti Almonds	Havarti Gouda Walnuts	Chevre Brie Walnut	Sharp Cheddar Roquefort Hazelnuts	Parmesan Romano Chestnuts	Cheddar Gorgonzola Walnuts	Brie Aged Cheese
Meat/Fowl	Chicken Turkey	Veal Chicken Pork	Smoked Sausage Duck	Lamb Sausage Filet Mignon Roasted Chicken	Roast Game Pepperoni Spicy Sausage	Grilled Meats Steak	Venison Ribeye Beef Stew	Pork Spicy Sausage Beef Duck
Seafood	Sole Oysters Scallops	Halibut Shrimp Crab	Sea Bass Trout	Orange Roughy Tuna	Salmon	Grilled Swordfish Tuna	Grilled Tuna	Cioppino Blackened Fish
Veggie/Fruit	Citrus Green Apple Asparagus	Potato Apple Squash Mango	Apricots Chili Peppers Pears	Mushrooms Dried Fruit Figs Strawberries	Currants Dried Stewed Tomatoes Beets	Caramelized Onions Tomatoes Plums	Black Cherries Broccoli Tomatoes	Cranberries Grilled Pepper Eggplant
Herb/Spice	Chives Tarragon Cilantro	Tarragon Sesame Basil	Rosemary Ginger	Nutmeg Cinnamon Clove	Oregano Sage	Mint Rosemary Juniper	Rosemary Juniper Lavender	Pepper Nutmeg
Sauces	Citrus Light Sauce	Cream Sauce Pesto	Sweet BBQ Spicy Chutney	Mushroom Sauce Light-Medium Red Sauce	Heavy Sauce Red Sauce BBQ	Bolognese Bearnaise	Brown Sauce Tomato Sauce	Spicy Cajun Salsa
Desserts	Sorbet Key Lime Pie	Banana Bread Vanilla Pudding	Apple Pie Caramel Sauce	Crème Brulée White Chocolate	Black Forest Cake Rhubarb Pie	Dark Chocolate Berries Fondue	Bittersweet Chocolate Espresso Gelato	Spice Cake Gingerbread Carrot Cake